

# CYCLING WITHOUT AGE AUSTRALIA



ANNUAL REPORT 2019



# Contents

Welcome	3
Chairperson's Review	4
Australian Presence	6
Member Services	7
Financials	8
Management Committee	9

## Cycling Without Age

provides a community service by connecting those no longer able to ride for themselves with their community and the outdoors by giving them free rides on trishaw ebikes, piloted by volunteer cyclists.

## Cycling Without Age - Australia

is a not-for-profit charity that supports and promotes Cycling Without Age and its Affiliates throughout Australia.



# Welcome

It gives me the greatest of pleasure and pride to present the 2019 Annual Report for Cycling Without Age Australia. While it has only been 6 months since the adoption of our new structure and election of the Management Committee, it has been an eventful period.

Here's to once again feeling the wind in our hair.

Angela Hird  
Chairperson, CWA Australia



# Chairperson's review

## Risk Management

Accreditation and Pilot Screening has been a priority focus the Management Committee have identified. We are excited to be working towards a National Standard Framework for Pilot Training and screening guidelines that will ensure pilots across our network of chapters have attained minimum standards and provide community chapters with a structured program to adopt.

We are thrilled to announce we have secured a group insurance package through our broker, Zenith Insurances, that will provide chapters across Australia with a comprehensive insurance package tailored specifically for the uniqueness of CWAA. This will be open to Australian affiliate members and will bring significant operating cost savings for our chapters.

## Growth

Opportunities for growth of Cycling Without Age across Australia were presenting at an almost weekly rate prior to the onset of the COVID19 crisis. Enquiries from community members, care facility management, government agencies etc included trishaw purchase options, and chapter start-up. Asking what is the secret behind Cycling Without Age that has people talking about this 'new' program for seniors? We are becoming a recognised national body, providing support and resources for our existing and new chapters.

Whilst our trishaws are in lockdown, our Executive members, community of volunteers, captains and affiliates are using the time to work behind the scenes on pilot training programs, risk management and redefining service models, to accommodate the introduction of physical distancing requirements.

We have kept a close watch on outcomes of the Royal Commission into Aged Care Quality and Safety, particularly the recent Interim Report. Terms like social isolation, social prescribing, ageism, positive aging, and age-friendly communities have become part of our language and endorse the experience we offer through our trishaw rides in providing a positive response to the Commission findings.

I predict our ride programs will be in more demand than ever as we move out of a period of restriction, and to that end we are embracing the challenge to be innovative in the way our services return to ensure the protection of our most precious cargo, our passengers.



## Our People

We are grateful to our patron, His Excellency Mr Tom Norring, Kingdom of Denmark Ambassador to Australia, for accepting the role with such pride. While his tenure will be shorter than hoped, we have enjoyed his company and are grateful to Tom for his support and passionate representation.

I thank our inaugural Management Committee, Timothy Rogers, Tim McGrath, Brendan Egan and Dick van den Dool for their efforts in transitioning from a working party to an effective governance team providing wisdom and guidance, remotely, from their respective homes across Australia.

Our generous sponsors and supporters are integral to our operations, with 100% of all funds raised as sponsorship or donations resourcing the services we manage. While too various to mention, we acknowledge these generous contributors collectively.

CWAA operates through the generosity of the hundreds of volunteers who give their time freely to ride in support of our programs. They too enjoy the benefits of the feeling of wind in their hair and the social inclusiveness our rides provide. On behalf of CWAA, I sincerely thank all contributors to our ride programs.

## Events

The inaugural CWAA Summit, held in Perth, Nov 2019, launched Cycling Without Age as a national community. Victoria, Let's Get Together Geelong 2020 was an opportunity to promote CWAA in Victoria and we look forward to similar state-based events in the future. Event programs included inspirational guest speakers from Alzheimer's WA and One Good Street, Melbourne, and storytelling by local and international Community Captains. Relationships with like-minded charities such as these bring partnership opportunities for complimentary services and cross training programs.

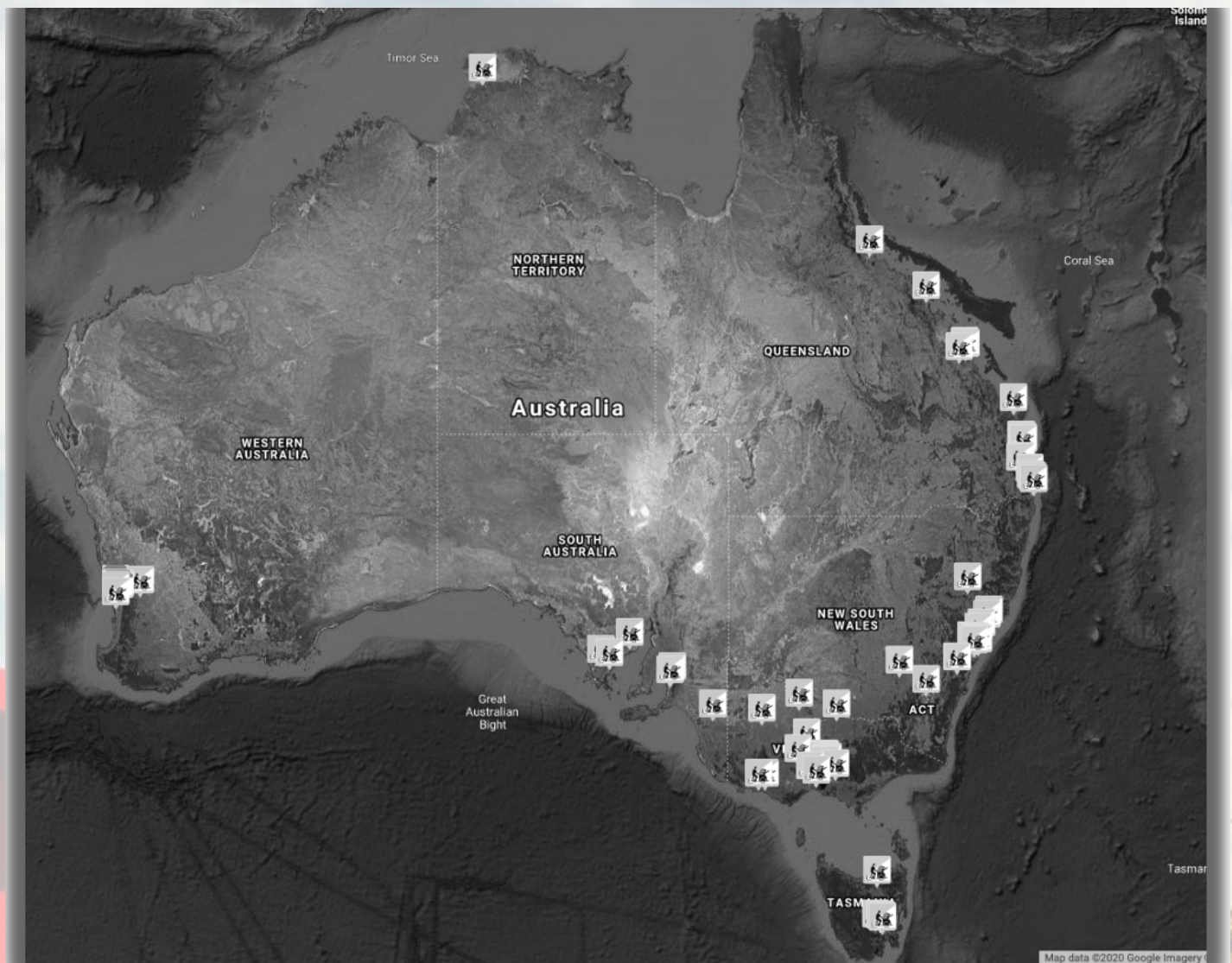
## Our Future

At the time of preparing this report we are experiencing a climate of unprecedented, community-wide social isolation. This is the polar opposite of the fundamental purpose of Cycling Without Age Australia, to connect people and communities through generosity, storytelling, relationships. The broader community will, by first-hand experience, have a greater appreciation of living with the social isolation that comes from being separated from work, family, neighbours, services etc., albeit for the short term. We must capture that learned, shared experience and use this knowledge to create new community networking skills and a shift in mindset that can bring changes to frameworks to break the permanency of social exclusion.



# Australian Presence

- 80 Affiliates/Members
- In all states and territories
- Over 20 chapters, managed by:
  - Community Groups
  - Aged Care facilities
  - Individuals, and
  - Cycling Without Age Australia





# Member Services

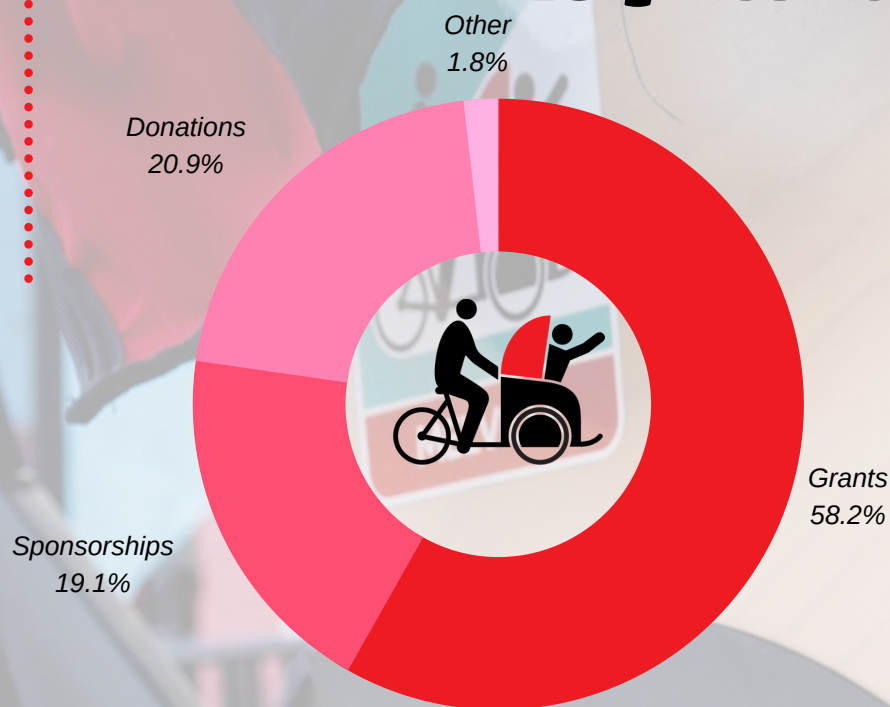
A background image showing a man in a blue jacket and helmet pushing a woman in a red-covered trishaw. The man is wearing a blue jacket, a black helmet, and sunglasses. The woman is wearing a white jacket and sunglasses. They are on a paved path near a body of water with boats in the background.

- Communications and marketing
- Advocacy in public forums
- Group insurance for trishaws, public liability and volunteers
- Volunteer roles and responsibility descriptions
- Pilot training
- Route planning
- Fundraising assistance (grants, sponsorships, donations)
- Merchandise and promotional support

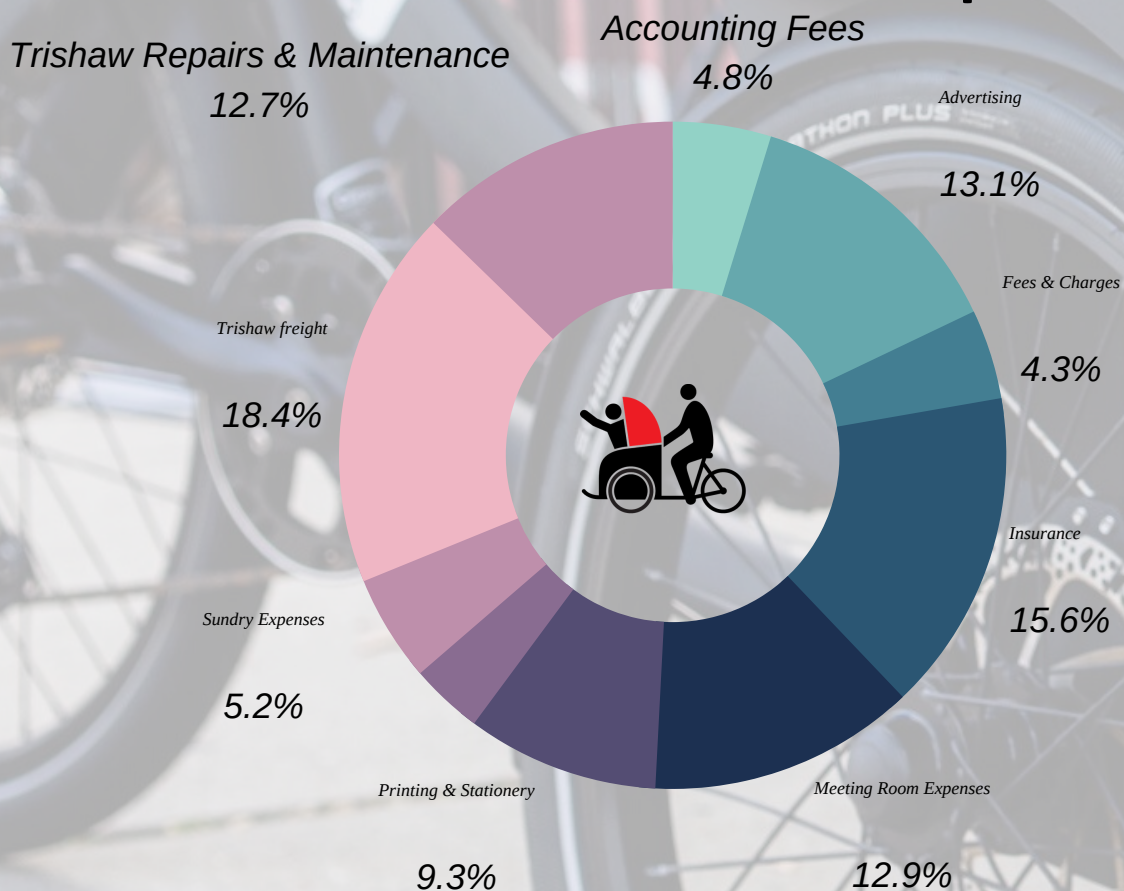


# Financials

2019 Income = \$117,000



2019 Expenses = \$27,000



- used for purchasing 6 new trishaws





# Management Committee

Angela  
Hird  
(Victoria)  
Chair



Tim Rogers  
(Queensland)  
Deputy-Chair



Karen O'Connor  
(WA)  
Chief Executive  
Officer



Tim  
McGrath  
(WA)  
Treasurer



Dick van den  
Dool (NSW)  
Member



Brendan  
Egan  
(Victoria)  
Secretary



"The committee has power to do all things necessary or convenient to be done for the proper management of the affairs of the Association."



On behalf ~~me~~ of all the club members of Silver chain Mandurah branch we would like to extend our appreciation for the wonderful day you gave us on Tuesday the 14<sup>th</sup> January.  
Also the second messenger on the bike was the best experience she had ever had, most if not all of us had never done anything like this before.

CYCLING  
WITHOUT AGE  
AUSTRALIA



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**Donate at /www.chuffed.org/project/cwaa**

